



Diocese of Springfield-Cape Girardeau



PROJECT RACHEL

Abortion Healing Ministry

What is it?

Project Rachel is the Catholic Church's bilingual ministry (Spanish & English) of love, support, and healing for those who have been involved in abortion. Our Diocese has created an integrated network of services, including pastoral counseling, support groups, retreats, opportunities for sacramental forgiveness, and referrals to licensed mental health professionals.

Why are we doing it?

It's normal to grieve a pregnancy loss, but the loss of a child by abortion can create a hole so deep in one's heart that it may seem the emptiness can never be filled. With the forgiveness, hope, and healing provided through Project Rachel Ministries, many women and men have returned to a loving relationship with God.

"Abortion has many victims: It does not end the life of a potential human being; it ends the life of an actual human being with great potential."

– Kim Brayman, Program Coordinator,
Office of Family Life

"God's love and mercy surpass all understanding. Jesus invites all of us who repent, including those involved in abortion, unmerited forgiveness and healing."

– Nick Lund-Molfese, Director, Offices of
Family Life, Health Affairs, and Respect Life

How do people get help?

Women and men who have been involved in abortion are invited to contact the diocesan Project Rachel Ministry to receive free, compassionate and confidential help. Call (417)-242-9300 or email Projectrachel@dioscg.org to learn more. A list of ministry resources is available at hopeafterabortion.com.

For more information,

Contact **Kim Brayman**, Program Coordinator, Office of Family Life, Diocese of Springfield-Cape Girardeau
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Hurting? Confidentially call 417.242.9300 or email ProjectRachel@dioscg.org.