Voice for Life Contests
2022-23 Diocese of Springfield-Cape Girardeau

Submit only 1 copy of this Entry Form per school/group with only first place winners per grade or per room of colorings, posters, poems and essays from your School, PSR, Youth or Home School Group. Please submit ALL T-Shirt Designs
ENTRIES DUE: February 10, 2023 (post-marked)

PARISH/SCHOOL/GROUP NAME__________________________

ADDRESS__________________________________________

CITY__________________ ZIP _____ PHONE______________

CONTACT PERSON__________________ PHONE______________

Complete name of participant, grade, school/parish, and city must be PRINTED ON THE BACK of each entry. Names should not appear on the front of the entry.

Total Number of entries submitted from your school or group:
1. Colorings____ 3. Poetry____
2. Essays_____ 4. Posters____
5. T-shirt designs____

MAIL/DelIVER ENTRIES TO OR PHONE FOR QUESTIONS:
• Donna Anderson  336 Wheeler Dr Scott City, MO 63780
  Phone: 573-450-1451
• Virginia Sander 3019 Wisteria  Cape Girardeau, MO 63701
  Phone: 573-334-7944
**Voice for Life Contests/ Pro Life T-Shirt Design**

*Students of the Diocese of Springfield-Cape Girardeau*

*2022-23 Theme: St. JOACHIM and St. ANNE*

**Entries**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Entry Requirements</th>
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</thead>
<tbody>
<tr>
<td>Kindergarten</td>
<td>Coloring Page of St. Joachim and St. Anne</td>
</tr>
<tr>
<td>Grade 1-2</td>
<td>Coloring Page of St. Joachim and St. Anne</td>
</tr>
<tr>
<td>Grade 3-4</td>
<td>Coloring Page or Poster of St. Joachim and St. Anne</td>
</tr>
<tr>
<td>Grade 5-12</td>
<td>Essay, Poster, or Poetry about St. Joachim/St. Anne</td>
</tr>
</tbody>
</table>

**And/Or Pro Life T-Shirt Design**

<table>
<thead>
<tr>
<th>Grades</th>
<th>1&lt;sup&gt;st&lt;/sup&gt; Place Prize</th>
<th>2&lt;sup&gt;nd&lt;/sup&gt; Place Prize</th>
<th>Honorable Mention</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kindergarten</td>
<td>$15.00</td>
<td>$10.00</td>
<td>$5.00</td>
</tr>
<tr>
<td>1-2</td>
<td>$15.00</td>
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<td>$5.00</td>
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<tr>
<td>3-4</td>
<td>$15.00</td>
<td>$10.00</td>
<td>$5.00</td>
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<tr>
<td>5-8</td>
<td>$20.00</td>
<td>$15.00</td>
<td>$10.00</td>
</tr>
<tr>
<td>9-12</td>
<td>$25.00</td>
<td>$20.00</td>
<td>$10.00</td>
</tr>
<tr>
<td>5-12 (T-Shirt Design)</td>
<td>$100.00</td>
<td>$75.00</td>
<td>$50.00</td>
</tr>
</tbody>
</table>

**Entry Deadline:** February 10, 2023    **Winners announced:** March 10, 2023

Bishop Rice will present awards (Ribbons and Cash Prizes) at Youth Awards Night:

- East Side-Old St. Vincent's, Cape Girardeau—May 2023
- West Side-St. Agnes Cathedral, Springfield—May 2023

Winners will be published in the Mirror and in the Youth Awards Night Program.

Entries with a certificate will be returned at the Awards Program. Refreshments will be served.
RULES FOR 2022-23 VOICE FOR LIFE CONTESTS
St. Joachim and St. Anne

1. Each school/PSR/Youth Group/Home School Group is to conduct its own Voice for Life Contest, using the saint and drawing provided by VFL. All work is to highlight and expand on the pro-life message illustrated in the lives of St. Joachim and St Anne.

2. **Colorings** may be colored with any kind of medium, including artistic decorations. (Open to grades K-4)

3. **Posters** must be on 12” x 18” paper or smaller, using any kind of medium, illustrating the “pro-life” lives of St. Joachim and St. Anne. (Open to grades 3-12)

4. **Essays and poetry** - see attached guidelines. (Open to grades 5-12)

5. **Name of participant, grade, and parish-school/city must be PRINTED on the BACK of each entry. No name should appear on the front of the entry.**

6. **Submit FIRST PLACE winners only** for each GRADE/ROOM for each CATEGORY. If there is more than 1 room per grade, submit 1 winner for each room. Please label, for example, “4A” and “4B” along with the teacher’s name.

7. Voice for Life reserves the right to reprint essays, poetry, posters, & colorings.

PRO-LIFE T-SHIRT DESIGN CONTEST RULES:

1. **Open to Grades 5-12. Students may submit a T-shirt design plus an entry in another category. Design entries are to reflect an original positive Pro-Life message/drawing. Submit all t-shirt designs along with the other VFL contest entries by Feb 10, 2023.**

2. **T-shirt designs must be made on any size white paper with an image area of 10" x 10". Black and two other colors may be used. The winning images will be scanned as submitted for reproduction. Submit quality work for the t-shirt designs. Please Do Not fold the entry. Name, parish/school, city and grade of participant must be printed on back side of entry.**

3. **There will be a total of three winners for the T-Shirt design. Cash prizes will be awarded. First place: $100.00. Second place: $75.00. Third Place: $50.00. Designs of the three winners will be printed onto t-shirts and offered for sale by VFL.**

4. **We encourage Pro-Lifers to wear t-shirts, especially during “American Life League” National Student Pro-Life T-Shirt Day, any day during the last full week in April. (Any T-shirt with appropriate pro-life designs may also be worn any day during that week.)**
Voice for Life:
Essay: Grades 5-12

Rules:
1. All work must be original.
2. The essay must feature the Voice for Life saint(s).
3. Name of entrant, grade, parish-school/city must be printed on the back of each entry. No name should appear on the front of the entry.
4. Only ONE essay per grade, the ‘winner’ from each grade classroom, should be submitted. If there is more than one classroom per grade level, label the classroom as 6A or 6B (for example)
5. Two sources should be used and cited or noted at the end of the essay.
6. Essay may be no longer than two letter-sized sheets; double-spaced. Essays may be handwritten or typed. If handwritten, essays do not need to be double-spaced. If typed, use 1” margins, and Times New Roman size 12 font.
7. Voice for Life reserves the right to reprint essays.

Hints for a successful essay: an essay for the Voice for Life contest should include
1. A title (not a label; make the title a hint of what your essay is about)
2. A stated opinion about the topic
3. Support for your opinion (for example, finding examples or reasons for why this is a pro-life saint)
4. An essay should have a beginning (usually one paragraph), a middle (at least one paragraph), and an end (one paragraph); therefore, your essay should have 3 OR MORE paragraphs.
5. Use TWO sources (a lesson in class, an interview, a book about saints, a homily at Mass, etc.) and LIST them at the end of the essay. You MAY also refer to your sources in the essay (for example, you could word it as: According to the Laudate website, St. Joachim and St. Anne’s Feast Day is celebrated on July 26.) Not required.
Voice for Life:  
Poetry: Grades 5-12

Rules:
1. All work must be original
2. The Voice for Life saint(s) must be the feature of your poem
3. Name of entrant, grade, parish-school/city must be printed on the back of each entry. No name should appear on the front of the entry.
4. Only ONE poem per grade, the ‘winner’ from each grade classroom, should be submitted. If there is more than one classroom per grade level, label the classroom as 6A or 6B (for example)
5. Voice for Life reserves the right to reprint poems

Hints for a successful poem:
1. Title your poem – do not simply label it with the saint’s name. Give your reader a hint about what your topic is... without giving away what your poem is about.
2. The poem should be no more than two pages. If the poem is typed, then make it double spaced. It may be handwritten
3. Poetry does not have to rhyme, but it should contain poetic elements: (Depending on the grade of the student, some of these terms may not be familiar. These are just examples of things they might work into their poems). Consider some of these few poetic devices:

- Imagery
- Descriptive language
- Symbolism
- Alliteration
- Onomatopoeia
- Rhyme Scheme
- Metaphors
- Consistent Tone

Work with your poem, choosing your words very specifically, to create the emotion that you want your readers to feel when they read about the saint(s). Consider using stanzas to separate your ideas about the saint.