



# PROJECT RACHEL

*Abortion Healing Ministry*

## *What is it?*

**Project Rachel is the Catholic Church's ministry of love, support, and healing for those who have been involved in abortion.** To implement that ministry, our Diocese has created an integrated network of services, including pastoral counseling, support groups, retreats, opportunities for sacramental forgiveness, and referrals to licensed mental health professionals.

## *Why are we doing it?*

It's normal to grieve a pregnancy loss, but the loss of a child by abortion can create a hole so deep in one's heart that it may seem the emptiness can never be filled. With the forgiveness, hope, and healing provided through **Project Rachel Ministries**, many women and men have returned to a loving relationship with God.

## *How do people get help?*

Women and men who have been involved in abortion are invited to contact the diocesan **Project Rachel Ministry** to receive free, compassionate and confidential help. Call (417) 242-9300 or Email [projectrachel@dioscg.org](mailto:projectrachel@dioscg.org) to learn more. A list of ministry resources is available at [hopeafterabortion.com](http://hopeafterabortion.com).

## *For more information,*

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*Hurting?* Confidentially call 417.242.9300 or email [ProjectRachel@dioscg.org](mailto:ProjectRachel@dioscg.org).