

Youth Ministry Programs and Resources

Program	Format	Content	Cost
Ablaze Ministry https://ablaze.us/ablazeyouth	<ul style="list-style-type: none"> ❖ A trained missionary team comes into your parish for a year or two, to train a core team to serve the youth. 	<ul style="list-style-type: none"> ❖ weekly youth nights ❖ small groups ❖ service experiences ❖ semester retreats ❖ prayer experiences ❖ relational ministry ❖ outreach to volunteers 	<ul style="list-style-type: none"> ❖ Varies, depending on parish size. Contact Ablaze for information. They offer parish grouping discounts.
Catholic Youth Ministry Hub – Eric Gallagher https://www.youtube.com/c/Cymhub/featured	<ul style="list-style-type: none"> ❖ Online 	<ul style="list-style-type: none"> ❖ YouTube videos relating to Catholic Youth Ministries, specifically for adult leaders and volunteers. 	<ul style="list-style-type: none"> ❖ Free
Credible Catholic https://www.crediblecatholic.com/	<ul style="list-style-type: none"> ❖ Can be downloaded or watched online. 	<ul style="list-style-type: none"> ❖ Resources to respond to young people's questions and concerns about faith, science, and modern problems. ❖ Seven "essential" modules dedicated to common intellectual challenges to faith. ❖ 20 Modules covering the entire Catechism ❖ Ideal for students 9th-12th grade 	<ul style="list-style-type: none"> ❖ Free
LifeTeen https://lifeteen.com	<ul style="list-style-type: none"> ❖ Online, In-Person and Hybrid ❖ Subscription based. New material sent out 4 times/year. 	Comprehensive Youth Ministry Program including: <ul style="list-style-type: none"> ❖ High School and Middle School youth group meeting plans and catechetical materials ❖ Confirmation program ❖ Small or large groups ❖ Retreats ❖ Parent resources ❖ Leader training 	<ul style="list-style-type: none"> ❖ Edge Middle School Online Access \$600 ❖ Lifeteen High School Online Access \$795 ❖ Purpose – Confirmation Online Access \$199
Marathon Youth Ministry https://marathonyouthministry.com/	<ul style="list-style-type: none"> ❖ Books, Blogs, Podcasts 	<ul style="list-style-type: none"> ❖ Resources for Youth Ministers 	<ul style="list-style-type: none"> ❖ Blogs and podcasts are free ❖ Fee for books, speaking and coaching
Project YM www.projectym.com	<ul style="list-style-type: none"> ❖ Online 	<ul style="list-style-type: none"> ❖ FREE weekly online youth night (90 minutes) during the summer. May continue in the fall. ❖ Fall Playbook with excellent ideas and resources https://projectym.com/playbook ❖ Training for adults ❖ Facebook group for adults ❖ Graphics and games 	<ul style="list-style-type: none"> ❖ Youth Nights – free ❖ Fall Playbook - free ❖ Thrive: Leader training/resources \$20/month ❖ Thrive: Leader and volunteer team training/resources \$30 per month

For guidance in selecting the best program for your group, contact the Office of Youth Formation, Diocese of Springfield-Cape Girardeau
 417-866-0841, Lynn Melendez-Director (lmelendez@dioscg.org) or Katie Newton-Admin. Asst (knewton@dioscg.org)

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St. Mary's Press www.smp.org	<ul style="list-style-type: none"> ❖ Hard copy books 	<ul style="list-style-type: none"> ❖ 6 manuals cover all 8 aspects of <i>Renewing the Vision</i> ❖ Includes CDs with reproducible materials ❖ Affordable resources for specific aspects of Youth Ministry: retreats, communication, games, relating with parents, etc. 	<ul style="list-style-type: none"> ❖ "Total Youth Ministry" \$165.00 ❖ Creative Activities for Small Youth Groups \$15 ❖ Creative Communication and Discussion Activities \$15 ❖ Creative Crowd-Breakers, Mixers, and Games \$15
YDisciple (by NET Ministries) https://ydisciple.com	<ul style="list-style-type: none"> ❖ Streaming ❖ Some units available in hard-copy & DVD. ❖ Can work in face-to-face discussion groups and online discussion groups. ❖ English and Spanish 	Comprehensive Youth Ministry program including: <ul style="list-style-type: none"> ❖ Leader Training ❖ Detailed Leader Guides ❖ Small Groups ❖ Confirmation Programs ❖ Middle School and/or High School catechetical materials ❖ Parent Resources (English and Spanish) ❖ Small or large parishes 	<ul style="list-style-type: none"> ❖ Subscription \$325.00 per year. ❖ Individual units – hard copy and downloadable, \$24-\$80 per unit.
YMCentral http://ymcentral.com/ymc	<ul style="list-style-type: none"> ❖ Digital, downloadable 	<ul style="list-style-type: none"> ❖ 12-semester curriculum covering the Catechism of the Catholic Church. ❖ Confirmation curriculum (6 units, 32 meetings). Includes sponsor and parent involvement 	<ul style="list-style-type: none"> ❖ Crossroads 4-year (12 semesters) curriculum \$600 ❖ Crossroads Semester curriculum \$60 ❖ Kenosis Confirmation Curriculum \$100 ❖ Weekly Scripture reflections - Free
Youth Ministry Access (by Center for Ministry Development) https://www.cmdnet.org/yma	<ul style="list-style-type: none"> ❖ Online subscription based 	<ul style="list-style-type: none"> ❖ Multiple resources including youth nights, service projects, retreats ❖ High School ❖ Middle School ❖ Confirmation program 	<ul style="list-style-type: none"> ❖ \$275 per year for both middle school and high school. ❖ \$200 per year for either middle school OR high school

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Curriculum resources which can be used after Confirmation for continued formation and small group discussion:

Curriculum	Format	Content	Cost
Altaration: The Mystery of the Mass Revealed (Ascension Press) https://ascensionpress.com/collections/altaration-the-mystery-of-the-mass-revealed	Hard copy books with DVD. Online included with hard copy. Option for online only.	<ul style="list-style-type: none"> ❖ Helps them fall in love with the Mass ❖ Very inspirational ❖ 5 lessons ❖ Perfect for 13-18 year old students (and parents). 	<ul style="list-style-type: none"> ❖ Starter Pack and DVDs 99.00 ❖ Student Packs w/online access \$15.95 ea. ❖ Student online (only) access \$13.95
Ascension Presents Videos https://media.ascensionpress.com/category/ascension-presents/	Video Segments from speakers like Fr. Michael Schmitz, Jackie & Bobbie Angel, Matt Fradd, and many more	<ul style="list-style-type: none"> ❖ Short videos, covering many different aspects of the Catholic Church, especially those that teens today (and their parents) question. ❖ Reflections on Sunday Mass readings ❖ Great discussion starters or ice breakers to dive deeper into various subjects. 	<ul style="list-style-type: none"> ❖ Free
DoCat https://www.ignatius.com/DOCAT-P568.aspx	Hard copy PDFs of the study guide can be downloaded online.	<ul style="list-style-type: none"> ❖ Both YouCat book and the Study Guides are available in English and Spanish. ❖ DOCAT answers the question "What to do"? ❖ A way of using the Gospel to change ourselves first, then our immediate environment, and finally the whole world ❖ Also suitable for school lessons 	<ul style="list-style-type: none"> ❖ \$19.95 ❖ Free English Study Guides: https://www.youcat.org/docatstudy ❖ Free Spanish Study Guides: https://www.youcat.org/es/docatstudy
Franciscan University Online Catechetical Institute	Online classes, workshops, presentations	<ul style="list-style-type: none"> ❖ Many workshops and classes would be suitable for high school students. ❖ Parents can also take any of the classes ❖ Any adult in our diocese may register at www.franciscanathome.com/sgf ❖ 	<ul style="list-style-type: none"> ❖ Free through diocesan partnership and sponsorship of the Missouri Knights of Columbus
Quick Catholic Lessons with Fr. Mike https://ascensionpress.com/collections/quick-catholic-lessons	Hard copy book with DVD	<ul style="list-style-type: none"> ❖ Short videos from Fr. Mike Schmitz with teacher guide, covering many different aspects of the Catholic Church, especially those that teens today (and their parents) question. 	<ul style="list-style-type: none"> ❖ \$59.95
T3: Teen Timeline ascensionpress.com/collections/t3-the-teen-timeline	Hard copy books with DVD. Online included with hard copy. Option for online only.	<ul style="list-style-type: none"> ❖ Bible study for teens ❖ Teen version of the Great Adventure Bible Timeline ❖ Other thematic bible studies available. 	<ul style="list-style-type: none"> ❖ Starter Pack and DVDs \$99.95 ❖ Student Packs w/online access \$15.95 ea. ❖ Student online (only) access \$13.95

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Curriculum	Format	Content	Cost
The Catholic Youth Bible – www.smp.org/series/64/The-Catholic-Youth-Bible/#components	Hard Copy	<ul style="list-style-type: none"> ❖ Study Bible for teens ❖ Easy-to-use navigation ❖ Includes introductions, commentary, Sunday Mass readings, full color maps, guides to Catholic beliefs 	<ul style="list-style-type: none"> ❖ Bible \$29.95 each ❖ Student Activity Book \$34.95 ❖ Leader Guide for Activity Book \$34.95
V-Cat and ODB Films	Online Videos and Video Clips Podcasts Downloadable	<ul style="list-style-type: none"> ❖ Video segments and short movies on relevant issues and discussion starters ❖ Video segments on the catechism (V-Vat) ❖ Podcasts 	<ul style="list-style-type: none"> ❖ Prices range from Free to \$5.00 to download.
YOU – Theology of the Body (Ascension Press) https://ascensionpress.com/collections/you-life-love-and-the-theology-of-the-body	Hard copy books with DVD. Online included with hard copy. Option for online only.	<ul style="list-style-type: none"> ❖ Perfect for 10th - 12th grade. Can be adapted for 9th grade. ❖ Chastity, Sexuality and Morality ❖ Parent guides included with student packs. 	<ul style="list-style-type: none"> ❖ Starter Pack and DVDs 129.95 ❖ Student Packs w/online access \$24.95 ea. ❖ Student online (only) access \$18.95
YouCat https://www.ignatius.com/YOUCAT-P2696.aspx	English and Spanish Available Hard Copy PDFs of the study guide can be downloaded online.	<ul style="list-style-type: none"> ❖ Both YouCat book and the Study Guides are available in English and Spanish. ❖ Question and answer format that is easily relatable to youth ❖ Based on the contents of the Catechism of the Catholic Church ❖ Focus on the most important contents ❖ Simple and understandable language 	<ul style="list-style-type: none"> ❖ \$19.95 each ❖ Free English Study Guides: https://www.youcat.org/youcatstudy ❖ Free Spanish Study Guides: https://www.youcat.org/es/estudioyoucat

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